



This is what our plan looks like for now. We looked at all possibilities and this is the best scenario for: **PHASE 1 Opening**

REDUCED HOURS OF OPERATIONS (Temporary):

- Mon – Fri: 8am – 8pm (minimal staff on site)
- 8am – 10am will be reserved for seniors only (60+)
- Trails are open for all 24/7
- No Volunteers will be utilized for services until further notice.

CHECK-IN/OUT PROCESS (Staff & Members):

- Members will sign in at the front desk by activating the doorbell/greeted on arrival by staff at the main entrance.
- Members will be required to complete a pre-screening health assessment questionnaire and temperature reading before allotted entry to the building.
- Pre-screening Health Assessment Questionnaire will be kept in a logged/spreadsheet style format to establish a timeline for documented review if needed.
- Hand Sanitizing Station to be installed & utilized at entry point of the building and utilized by all as part of the pre-screening process for entry.
- Departing Members will exit using the side door from the weight room after signing out at the counter to allow for another entry.
- Maximum 15 members at one time allowed in the center to give proper distancing measures.
- 1 hour time limit per visit
- Members encouraged to supply their own PPE however available on site by request during visit. Masks will be at the member's discretion during physical activity as long as social distancing requirements are met (6 ft) – Subject to change if needed.
- FOB SYSTEM will be turned off and will remain off until further notice – no entry permitted without above noted process.

- Staff members will also perform same pre-screening process for building entry (temperature & health assessment questionnaire).

SIGNAGE:

- Signage posted advising of member cleaning & social distancing requirements including hygiene advice throughout the facility.

CLEANING/EQUIPMENT/OPERATIONS/CLASSES:

- Cleaning protocols have been updated extensively. Providing equipment cleaning products and hand sanitizer throughout the facility for use on equipment, including dead weights and other exercise items (i.e. balls, jump ropes, boxing stands, items from the classroom rack etc.)
- Regularly and frequently clean and disinfect any repeatedly touched surfaces, such as doorknobs, tables, chairs, and restrooms.
- Water fountains will remain closed through the end of July (subject to change pending COVID requirements).
- Members are required to wipe down equipment & surfaces before and after each use. Additional sanitizer stations have been added to facilitate this.
- Disposable Barriers on equipment handles will be utilized and available.
- Steam sanitizing will be utilized periodically throughout the day at scheduled intervals on high use equipment pieces.
- “Out of Service” status on equipment to enforce social distancing measures.
- Showers will be closed until further notice.
- Equipment & facility will be thoroughly cleaned after closing the end of each day.
- Locker Rentals discontinued until further notice. Public use lockers are required to be wiped down inside and out with disinfectant before and after use.
- Lost/Found will be discontinued – items will be disposed of in the trash (discretion to be used for significant monetary value)
- No congregating or socializing in/on benches & seating areas.
- Use of Restrooms limited to 2 people at a time for changing and/or relief, recommended to use stalls so as to permit proper social distancing.

- Members must supply their own mats for floor exercising. Mats will no longer be provided by the facility.
- Partners exercising together is discouraged at this time. In the event partners choose to work together they must remain segregated from others during physical activity.
- In-person Group Studio Classes are not being offered as per the Governor's executive order at this time.
- Live classes with your favorite Fitness Instructors: Please reach out to Dawn Shipman, Sarah Thompson Catherine Graves and Colleen Runner for their class times via social media.

BILLING

- No new memberships will be offered until previously paid service to existing members have been satisfied.
- Memberships modified to a punch card system until facility reopens for 24-hour service (date yet to be determined)
 - If we owe you 30 days or less you have till Oct 15, 2020 to use your time.
 - If we owe you 30-60 days you have till Nov 15, 2020 to use your time.
 - If we owe you 60-90 days you have till Dec 15, 2020 to use your time.
 - 90 or 150 days owed you have till Jan 15, 2021 to use your time.

If you cannot use your time, please call 315-536-3354 to donate your time back to the YCC.

If you are putting your time on hold you must use it by Jan 01, 2021 after that date, we no longer will honor time owed.

MEMBER AND TEAM MEMBER GUIDELINES CODE OF CONDUCT

- All members will be required to abide physical distancing practice of at least 6 feet apart while in the facility.
- YCC Staff will be following the same guidelines for physical distancing.
- Members and staff exhibiting signs of illness will be required to leave the facility immediately.
- Train all employees and contractors on appropriate social spacing, cleaning and disinfection, hand hygiene, and respiratory etiquette.